

# MORE THAN JUST LUNCH!

At secondary school, food isn't just for lunchtime...

## ✓ BREAKFAST

**Start your day right!**  
Grab toast, cereal, yoghurt, or a hot snack before your first lesson.

**FREE Porridge**



## ✓ BREAKTIME

**Need a mid-morning boost?**  
Pick up hot snacks such as our PowerBites pots – noodles, rice, and more – or snack pots and bakes to keep you going until lunch.

## ✓ LUNCHTIME

**Your main event!**  
From hot meals to street food style dishes and grab-and-go options, you've got loads to choose from.

## ✓ AFTER SCHOOL

**Pick up a snack on your way out.**  
Whenever you're hungry, we've got you covered.

# year 7 ready CHECKLIST

- ☐ **Top up first!** Make sure you've got money on your account before lunch. Check if you're eligible for free school meals!
- ☐ **Free School Meals (FSMs)** - if you have FSMs your money will be on the till automatically like everyone else, so no need to worry.
- ☐ **Head to the restaurant**, queue up and look out for posters to see what food is available, they can help you decide what to eat!
- ☐ **Pick your meal** - choose from tasty hot meals, handheld bites or chilled grab and go options. Look out for combo deals!
- ☐ **Food allergy**, no problem! Just speak to any member of staff who will be happy to help.
- ☐ **Try something new!** If you don't like it, bring it back and we'll change it free of charge!
- ☐ **Scan to pay** - at the till, simply scan your fingerprint to pay.
- ☐ **Enjoy!** Sit with friends and enjoy!
- ☐ **If unsure, ask!** Our team are super friendly and always want to help.

## Allergies? No Problem!

All our dishes come with full ingredient and allergen information, and any pre-packaged items are clearly labelled with the 14 major allergens. Need extra support? Our Allergen Buddies are here to help you choose safely, answer questions, and make sure you can eat with confidence every day.



## DID YOU KNOW?

School food is fresh, tasty, and great value - with menus created by expert chefs and nutritionists.

- Better value than most packed lunches or high street alternatives
- Balanced for energy, focus & fuel for the school day
- 99% of our food is made on site
- Options suitable for a wide range of diets, cultures & preferences
- Independently endorsed – including accreditations from the Vegan & Vegetarian Society and Marine Stewardship Council (MSC) and Marine Conservation Society (MCS)
- Clear allergen labelling & Allergy Buddy support
- Relaxed spaces, friendly service & contactless payment
- High food safety standards

**FREE** Piece of fruit or cookie\*

\*Available with the purchase of an open wrap between 8th and 12th September 2025. One cookie or piece of fruit per year 7 student. Available whilst stocks last. This offer may be withdrawn at any time without notice.



**FREE** COOKIE or piece of fruit when you visit!

# year 7 ready

## School Food Just Got a SERIOUS UPGRADE

Get a taste of what to expect from your new school's food court!

Meal deals available!

Each day, choose from:

- Hot main meals or 'grab-and-go' takeaway items
- Sandwiches, wraps, pasta pots, salads & jacket potatoes
- Street food style dishes made your way
- Savoury snacks, fruit pots, home bakes, and much more

TIME TO TAKE CHARGE OF WHAT YOU EAT...

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# WHAT'S ON THE MENU?

From the global flavours of our StreetVibes range to a light and refreshing option from Chill Deal, there's a choice to match every mood, every day!

Look out for the Free School Meal logo!  
Anyone who receives a FSM can choose a great meal!



## DAILY MEAL DEALS & OFFERS

We've got great food at great value – whether you're in the mood for something hot, cold, or totally street food inspired.

## Hot Meal & Dessert

Pick from daily hot mains or favourites such as topped jacket potatoes and pasta pots and combine with a hot homemade dessert or a piece of fruit!



## FSM Chill Deal

Grab a quick cold lunch! Choose any 4 items marked with the Chill Deal sticker including filled rolls, sweet or savoury snack pots, and mini home bakes.

LOOK OUT FOR THE CHILL DEAL STICKERS!

FILLED ROLL



SNACK POT (40z)



HOME BAKE



YOGHURT POT (40z)

Chill Deal



## ...AND THERE'S MORE!

Love to snack or graze your way through the day? We've got plenty to keep you going - available at break and lunch!

### PowerBites

Hot snack pots packed with flavour and perfect when you want something warm and satisfying.

### Hot & Cold Deli Picks

From fresh filled rolls and hot wraps, to salads and sushi pots, our deli range is ideal for mixing it up or grabbing a lighter bite.

### Bakery Favourites

Flapjacks, muffins, pastries and more are baked fresh daily.



MADE YOUR WAY!



StreetVibes is here Tuesday – Thursday!

Mix things up midweek with our StreetVibes street food.

Choose your base (like noodles, rice or a wrap), add your protein, then top it your way.

There's something new each week – from zingy noodles to loaded spuds and saucy wraps.

Visit the restaurant to see what's on!

Parents – if you think you may qualify for FSM, check here

Check eligibility at: [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

SAVE OVER £500 PER YEAR!

