

The Turing School Physical Education Department



A Vision for The Turing School PE, Dance and Sport

Intent

"To encourage young people to actively engage in lifelong physical activity. To develop and promote positive healthy, active lifestyle habits and employability skills, such as, confidence, character, communication, collaboration, organisation and leadership. To build a foundation of understanding and skills that can be implemented in Key Stage 4 and beyond. "

Mission Statement;

To build a curriculum that nurtures a love of Physical Education and all it encompasses, leading to young people that actively engage in lifelong Physical Activity.

To deploy a creative curriculum that focuses on more than just sport, that allows students to learn what it means to be healthy; physically, emotionally and mentally.

To enrich the students with opportunities where they will learn to value themselves and form positive relationships with others by developing confidence, character, communication, collaboration, organisation and leadership. Amongst the development of other skills and British Values that will increase their value to the community and their employability, whichever industry they choose to go into.

To expose students to a wide breadth of activities linked to the national curriculum providing students with rich learning opportunities that will develop physical literacy, fundamental motor skills, tactics, creativity and effectiveness in Physical Education, Sport and Physical Activity.

To offer a varied enrichment programme that will continue to progress their fitness, skills and understanding, as well as promoting emotional literacy and resilience and provides the guidance they need to be able to excel in Sport and Physical Activity.

To signpost routeways into lifelong involvement in sports and physical activity, via career guidance, club school links, alongside leadership and officiating opportunities.

To expose students to complex and demanding activities where they will gain an understanding of how to develop good mental and emotional health, and how to make healthy lifestyle choices.

Students will experience a diverse range of physical activities and sports and through this will gain an understanding of how to be physically healthy, how to train effectively and how physical activity affects the body.

Those that choose to take Physical Education as an option choice will receive a much more in depth understanding of exercise and fitness, how the body responds to exercise and be in the position to pursue further study and or employment in the world of Sport.



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